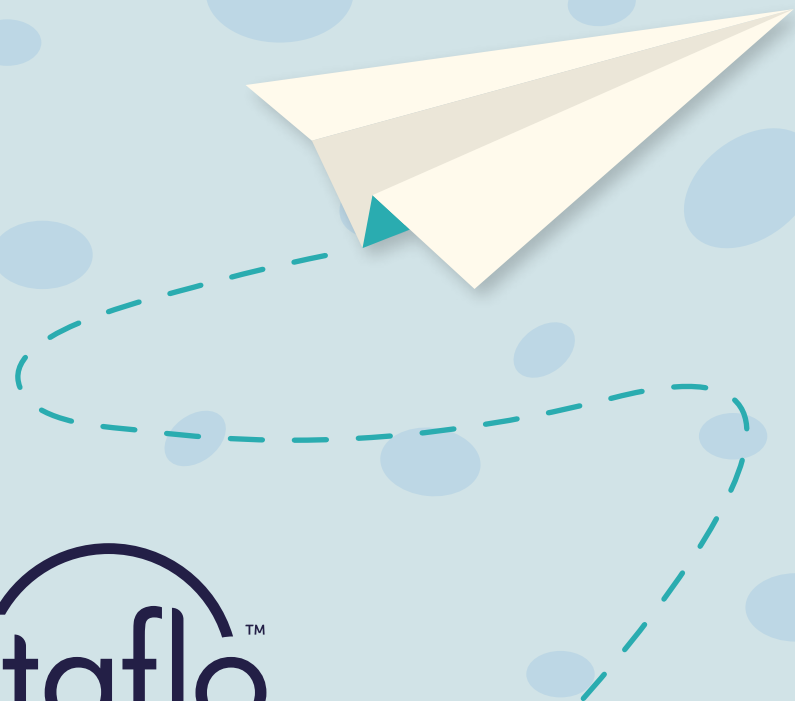
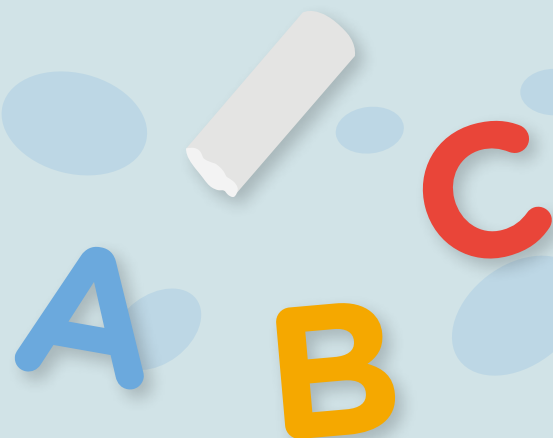




VitaFlo International Ltd, Suite 1.11 South Harrington Building,
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VitaFriends
EXPLORERS CLUB



IT'S TIME
FOR SCHOOL!



THE VITAMITES FRIENDS
HARRY AND POPPY ARE TWINS,
.....

AND THEY JUST CAN'T
WAIT UNTIL SCHOOL BEGINS.
.....



HARRY AND POPPY
BOTH HAVE PKU...



STARTING SCHOOL IS
AN EXCITING TIME,
.....

THERE'S NO NEED TO WORRY
AS IT WILL ALL BE FINE.
.....



WE'VE TOLD YOUR TEACHERS
ALL ABOUT YOU,
.....

AND HOW THEY CAN HELP
YOU WITH YOUR PKU.
.....



THERE WILL BE LOTS OF NEW
FRIENDS FOR YOU TO MEET,
.....

AND YOU CAN TELL THEM WHAT
YOU CAN AND CAN'T EAT.
.....



JUST REMEMBER EVEN THOUGH IT
IS ALWAYS NICE TO SHARE,
.....

YOU MUST NOT SWAP YOUR FOOD OR
DRINKS EVEN IF IT'S GOING SPARE.



YOUR LOW PROTEIN FOOD IS
SPECIAL, IT HELPS YOU TO GROW
.....

SWAPPING FOOD WITH CLASSMATES,
IS A BIG NO-GO!
.....



YOUR FOOD MAY BE A SCHOOL
DINNER OR A PACKED LUNCH TREAT
.....

DON'T BE SHY TO SHOW
PEOPLE WHAT YOU CAN EAT.
.....



YOUR PROTEIN SUBSTITUTE IS
VERY IMPORTANT TO TAKE,
.....

SO, MAKE SURE TO TAKE IT
WHETHER AT LUNCH OR AT BREAK.
.....



YOU CAN KEEP IT COOL
WITH A NICE ICE PACK,
.....

AND YOUR TEACHERS WILL
HELP TO KEEP YOU ON TRACK.
.....



NO NEED TO WORRY IF YOUR CLASS IS
HAVING SPECIAL TREATS LIKE CAKE,
.....

MUM AND DAD WILL ALWAYS GIVE
YOU YOUR VERY OWN TO TAKE!
.....

