

## A low protein, high energy chocolate flavoured bar

Can be used as a snack or as an ingredient in recipes.



Vitabite<sup>™</sup> can be used in many ways to add variety, fun and energy to your diet. It can be eaten as a bar or melted, frozen, microwaved or grated.

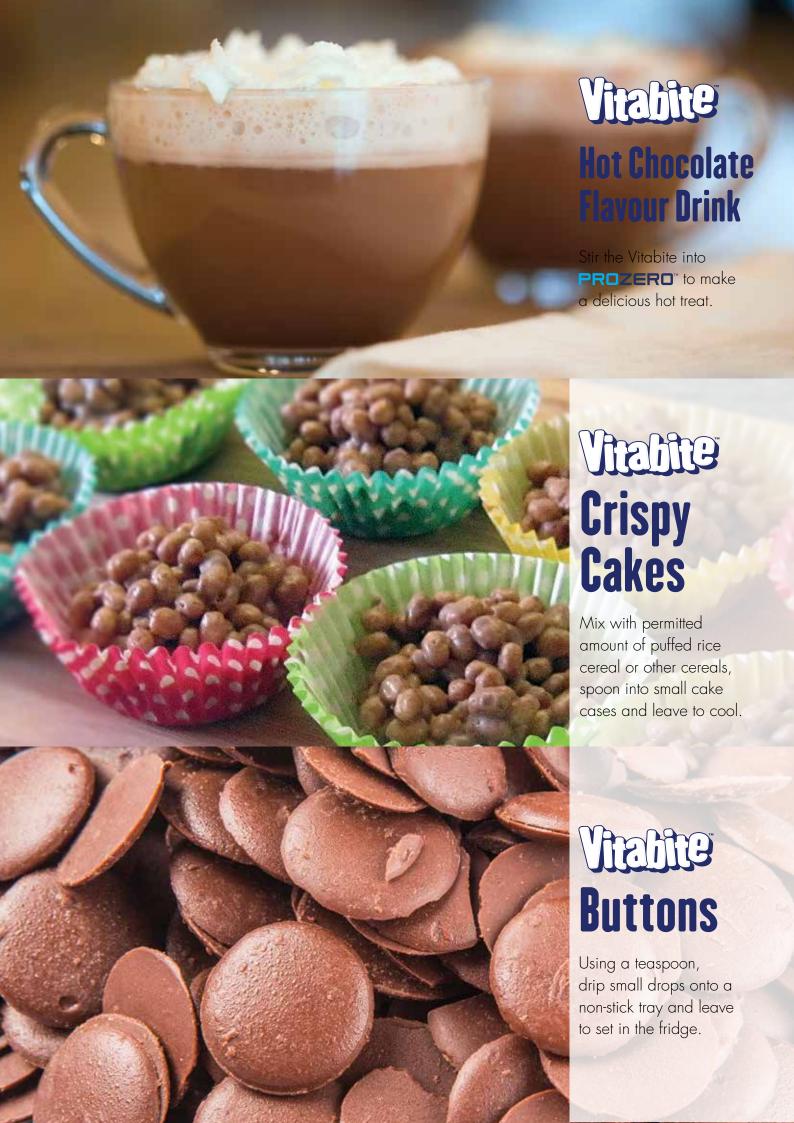
## Here are some suggestions - have fun!

Melting Vitabite couldn't be easier. Break up into a bowl, then either microwave or carefully place in a bowl over a pan of boiling water. Stir until melted.



#### Sweet Treats

Pour melted Vitabite into into different moulds, refrigerate or freeze for one hour and turn out once set.





## Wiscuits Biscuits

Use as an ingredient or coat permitted biscuits or cakes.



Coat small pieces of permitted fresh fruit and make a special dessert.



# Vicilies Ice Lollies

Great for sunny days. Dip a permitted ice lolly into melted Vitabite and keep in the freezer or look out for our Vitabite ice lolly recipe.