



## A low protein, high energy chocolate flavoured bar

Can be used as a snack or  
as an ingredient in recipes.



Vitabite™ can be used in many ways to add variety, fun and energy to your diet. It can be eaten as a bar or melted, frozen, microwaved or grated.

## Here are some suggestions - have fun!

Melting Vitabite couldn't be easier. Break up into a bowl, then either microwave or carefully place in a bowl over a pan of boiling water. Stir until melted.



## Vitabite Sweet Treats

Pour melted Vitabite into into different moulds, refrigerate or freeze for one hour and turn out once set.





## **Vitabite™**

### **Hot Chocolate Flavour Drink**

Stir the Vitabite into  
**PROZERO™** to make  
a delicious hot treat.



## **Vitabite™**

### **Crispy Cakes**

Mix with permitted  
amount of puffed rice  
cereal or other cereals,  
spoon into small cake  
cases and leave to cool.



## **Vitabite™**

### **Buttons**

Using a teaspoon,  
drip small drops onto a  
non-stick tray and leave  
to set in the fridge.





## Vitabite<sup>™</sup> Biscuits

Use as an ingredient  
or coat permitted  
biscuits or cakes.



## Vitabite<sup>™</sup> Fruits

Coat small pieces of  
permitted fresh fruit and  
make a special dessert.



## Vitabite<sup>™</sup> Ice Lollies

Great for sunny days. Dip  
a permitted ice lolly into  
melted Vitabite and keep in  
the freezer or look out for  
our Vitabite ice lolly recipe.